

# PACKAGES

## Day Packages

**Special Occasions/Wedding Day** 5.25 hours . . . \$462.  
Body Exfoliation, Spa Bath, Swedish Massage, Indulgence Facial, Manicure, Pedicure, Light Snack

**Thermal Buffed Body** 2.25 hours . . . . . \$357.  
Foliation Therapy, Power Recovery Wrap, Mud Massage, Spa Bath

**Recovery** 3.5 hours . . . . . \$354.  
Body Exfoliation, Hydro Wrap, Spa Bath, Swedish/Remedial Massage, Rejuvenating Facial

**Zen Indulgence** 3.5 hours . . . . . \$302.  
Body Exfoliation, Spa Bath, Mani-Pedicure, Rejuvenating Facial

**Stress Relief** 3.25 hours . . . . . \$301.  
Spa Bath, Aromatherapy Massage, Aroma-Stone Facial

**Maternity** 3.5 hours . . . . . \$290.  
Pregnancy Massage, Mani-Pedicure, Rejuvenating Facial  
**w/ Aromatherapy** . . . . . \$296.

**Rejuvenating** 3 hours . . . . . \$265.  
Swedish/Remedial Massage, Mani-Pedi, Rejuvenating Facial

**Ayurvedic** 2.25 hours . . . . . \$258.  
Ayurvedic Massage, Shirodhara, Herbal Linen Wrap

**Herbal Aroma-Stone** 2 hours . . . . . \$206.  
Herbal Linen Wrap and Aroma-Stone Massage

**Renewal** 2 hours . . . . . \$181.  
Swedish/Remedial Massage and Rejuvenating Facial

**Pure Body** 1 hour . . . . . \$135.  
Body Exfoliation and Hydro Wrap

## Zen Skin Bar

Analysis + mini-treatment . . . . . \$26.  
(skin bar rebate available on select products)

Prices are GST Inclusive

## ZEN OUT

to your hotel, home or office;  
Zen will deliver treatments to you  
(Pre-bookings required; pricing available on request)

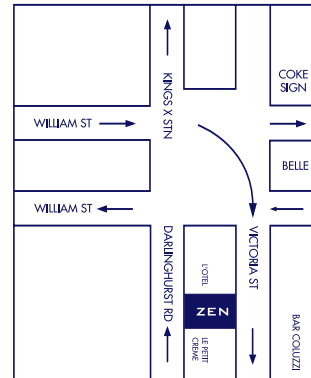
Ring 9361 4200

**Gift Certificates available for most Zen Treatments  
and Packages, ring 9361 4200**

**or order online at [www.zendayspa.com.au](http://www.zendayspa.com.au)**

**( We Courier or Express Post for a small fee )**

Visit the Zen Website for our electronic brochure which describes all treatments & services



## ZEN DAY SPA

[ THE ART OF BODY MAINTENANCE ]

116-118 Darlinghurst Road  
Darlinghurst NSW 2010  
p: 9361 4200 f: 9361 4590  
e: [sales@zendayspa.com.au](mailto:sales@zendayspa.com.au)

## Opening Hours

**Monday-Friday 9AM-9PM**  
**Saturday 8AM-8PM**  
**Sunday 10AM-7PM**

### Cancellation and Late Policy

Please give us 24 hours notice for a cancellation or to change your appointment. A 100% cancellation fee is applied to late cancellations or "no shows". Inside 24 hrs. + same day bookings are confirmed at time of booking. Late arrivals are subject to reduced treatment time. We require a credit card to secure your bookings.



is now open at

118 Queen St. Qn's Ct. Woollahra p: 9328 1656

ZEN

DAY

SPA

The  
**art**  
of  
**body**  
maintenance

TREATMENT GUIDE

Phone: 9361 4200

[www.zendayspa.com.au](http://www.zendayspa.com.au)

# PACKAGES

## Special Occasions or Wedding

5.25 hrs \$462.

Aromatic Manicure & Pedicure with  
Nourishing Hand & Nail Treatment & Foot  
Massage, Indulgence Facial with Eyelash Tint &  
Eyebrow Shape. Hand, Foot & Scalp Massage,  
Hydro-Active Mineral Salt Body Exfoliation &  
Swedish Massage - includes light snack

## Indulgence

3.5 hrs \$302.

Aromatic Manicure & Pedicure with Buff &  
Polish, Hydro Active Mineral Salt Body  
Exfoliation, Foot Massage & Rejuvenating Facial

## Rejuvenating

3 hrs \$265.

Rejuvenating Facial, Swedish Massage,  
Express Manicure & Express Pedicure

## Renewal

2 hrs \$181.

Rejuvenating Facial & Swedish Massage

## ZEN SKIN BAR

Analysis + mini-treatment \$26.

(skin bar rebate available on select products)

# ZEN OUT

to your home, office or hotel;

Zen will deliver treatments to you

(Pre-bookings required; pricing available on request)

Ring 9328-1656

## Gift Certificates

available for most Zen treatments  
products and packages

Ring 9328-1656

or Make a Booking Today

## Opening Hours

Monday-Wednesday 9am-5pm

Thursday 10am-7pm

Fri. Sat. 9am-6pm

Sun. 10am-5pm

(in busy seasons)

\*Zen Skin Care Woollahra

118 Queen Street Woollahra NSW 2025

T: (02) 9328-1656 E: woollahra@zendayspa.com.au

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We require a credit card to secure your booking.

\* A



Pty Ltd Company

116 Darlinghurst Road

Darlinghurst NSW 2010

T: (02) 9361-4200

E: sales@zendayspa.com.au

ZEN SKIN CARE

Queens Court Woollahra

## TREATMENT GUIDE

Phone: 9328-1656

For a full description of services, visit

[www.zendayspa.com.au](http://www.zendayspa.com.au)

# SKIN CARE

(buy a series of 10 and get 1 Free)

## Indulgence Facial (incl. EB shape & tint + EL tint)

1.5 hrs \$142.

**Aroma Stone Facial** 1.25 hrs \$137.

**Re-Hydrating Facial** 1.25 hrs \$128.

## AGE smart Facial

(for premature aging, sun-damaged and mature skin)

1.25 hrs \$185.

Course of 6 treatments \$995.

## Power Plus Facial

(for mature and pigmented skin)

1 hr \$121.

Course of 6 treatments \$649.

Power Plus Exfoliation add on \$31.

**Rejuvenating Facial** 1 hr \$97.

## Men's Facial or Purifying Facial

45 mins \$77.

**Teen Time** 30 mins \$62.

## Back Revitaliser (a deep cleansing facial for your back)

45 mins \$77.

**Micro Zone Treatments** (eye rescue, flash exfoliation, hand repair, lip renewal, men's oily-congested, men's sensitised, rapid spot clearing, congestion relief)

15 mins ea. \$50.

**EyeZone Eye Treatment** 45 mins \$77.

15 min add-on to any facial \$29.

# EYELASH EYEBROWS

Eye lash Extensions \$200.

One half Extensions \$115. Fills from \$60.

Eyebrow Shape, Eyebrow & Eyelash Tint \$53.

Eyebrow & Eyelash Tint \$38.

Eyelash Tint \$27.

Eyebrow Shape or Tint \$25.

Eyelash Perm & Tint \$70.

# BODY

(buy a series of 10 and get 1 Free)

## THERMAL TOUCH THERAPY

(an add-on to any treatment)

Hands & Arms, Decollete, Back purification,

Legs & Feet

15 mins each \$32.

## SCRUBS & WRAPS

### Aroma-Salts Exfoliation, Hydro Wrap,

### Body Foliation

30 mins each \$75.

## FULL BODY TANNING

30 mins Tan Application  
w/dry body brushing \$57.

## MASSAGE

**Aromatherapy, Ayurvedic** 1.5 hrs \$153.

1 hr \$111.

30 mins \$67.

**Swedish** 1.5 hrs \$142.

1 hr \$105.

30 mins \$61.

**Indian Head Massage** 30 mins \$52.

# HAIR REMOVAL

# WAXING TREATMENTS

Full leg, bikini & underarm \$80.

Full leg & bikini (or ua) \$71.

Half leg, bikini & underarm \$64.

Half leg & bikini (or ua) \$52.

Half leg \$37.

Full leg \$54.

G-string bikini \$37.

Brazilian from \$71.

Upper lip or Chin \$20.

Lip and Chin \$25.

Chest & Stomach or Back & Shoulder \$50.

Top Shoulder \$30.

Women's Arm \$41.

# HANDS & FEET

## AROMATIC MANICURE

1.5 hrs (including paraffin) \$85.

1 hr \$69.

45 mins \$56.

30 mins Express \$41.

## AROMATIC PEDICURE

1.5 hrs (including paraffin) \$100.

1 hr \$80.

30 mins Express \$52.

PROFESSIONAL

# NATURAL THERAPIES

**Aromatherapy, Pregnancy, Deep Tissue, Ayurvedic, Lymphatic, Shiatsu, Aroma-Stone, Rei-ki, Reflexology**

2 hours . . . . .	\$198.
1.5 hours . . . . .	\$153.
1 hour . . . . .	\$111.
30 mins . . . . .	\$67.

**Swedish, Remedial, Sports**

2 hours . . . . .	\$188.
1.5 hours . . . . .	\$142.
1 hour . . . . .	\$105.
30 mins . . . . .	\$61.

**Massage for two in our 'Together Rooms' or Four Hands Massage for one**

2 hours . . . . .	\$370.
1.5 hours . . . . .	\$280.
1 hour . . . . .	\$208.
30 mins . . . . .	\$121.

**Indian Head Massage**

30 mins . . . . .	\$52.
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**Ayurvedic Shirodhara**

30 mins . . . . .	\$75.
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**Naturopathic Herbal Medicine**

1 hour consultation, diagnosis, prescription . . . . .	\$105.
30 mins follow up consultation . . . . .	\$62.
Flower Essence Therapy, Chakra Balancing, Meditation	
1 hour . . . . .	\$105.

**Gift Certificates available for most Zen Treatments and Packages, ring 9361 4200**

**or order online at [www.zendayspa.com.au](http://www.zendayspa.com.au)**

**( We Courier or Express Post for a small fee )**

SPECIALISED

# SKIN CARE

**Indulgence Facial** (incls. EB shape & tint + EL tint)

1.5 hours . . . . .	\$142.
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**Aroma-Stone Facial**

1.25 hours . . . . .	\$137.
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**Re-Hydrating Facial**

1.25 hours . . . . .	\$128.
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**AGE smart Facial** (for premature aging, sun damaged and mature skin)

1.25 hours . . . . .	\$185.
Course of 6 treatments . . . . .	\$995.

**Power Plus Facial** (for mature and pigmented skin)

1 hour . . . . .	\$121.
Course of 6 treatments . . . . .	\$649.
Power Plus Exfoliation added to any facial . . . . .	\$31.

**Rejuvenating Facial**

1 hour . . . . .	\$97.
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**Men's Facial or Purifying Facial**

45 mins . . . . .	\$77.
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**Teen Time**

30 mins . . . . .	\$62.
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**Back Revitaliser** (a deep cleansing facial for your back)

45 mins . . . . .	\$77.
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**Micro Zone Treatments** (eye rescue, flash exfoliation, hand repair, lip renewal, men's oily-congested, men's sensitised, rapid spot clearing, congestion relief)

15 mins ea. . . . .	\$50
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**Eyegone Treatment**

45 mins . . . . .	\$77.
15 mins addition to any facial . . . . .	\$29.

**Eyelash & Eyebrows**

Eyelash Extensions . . . . .	\$200.
One half Extensions. . . . .	\$115. Fills . . . . . from \$60.
Eyebrow Shape & Eyebrow and Eyelash Tint . . . . .	\$53.
Eyebrow & Eyelash Tint . . . . .	\$38.
Eyelash Tint. . . . .	\$27.
Eyebrow Shape or Tint. . . . .	\$25.
Eyelash Perm and Tint . . . . .	\$70.

SPA AND

# BODY TREATMENTS

**Thermal Body Therapies**

Deep Thermal Therapy w/Poultice Stamp or Mud Massage  
1 hour each. . . . . \$185. 1.5 hours each. . . . . \$261.

Mineral Salt Scrub or Body Foliation + Power Recovery or Nourishing Sea Mud

1 hour p/combo . . . . . \$184.

Aroma-Salts Exfoliation, Body Foliation, Mud Back Massage, Hydro Wrap, Herbal Linen Wrap, Sea Mud Wrap

30 mins each . . . . . \$75.

**Thermal Touch Therapy**, an add-on to any treatment

Hands & Arms, Decollete, Back purification, Legs & Feet, Scalp

15 mins ea . . . . . \$32.

**Aroma Mineral Salts Spa Bath**

15 mins. . . . . \$25. 30 mins. . . . . \$43.

**Full Body Tanning**

30 mins Spray Tan. . . . . \$43.  
w/dry body brushing . . . . . \$57.

**Hair Removal Waxing Treatments**

Full leg, bikini line and underarm . . . . .	\$80.
Full leg and bikini line (or underarm) . . . . .	\$71.
Half leg, bikini line and underarm . . . . .	\$64.
Half leg and bikini line (or underarm) . . . . .	\$52.
Half leg . . . . .	\$37.
Full leg . . . . .	\$54.
G-String bikini line . . . . .	\$37.
Brazilian . . . . .	from \$71.
Lip and Chin . . . . .	\$25.
Chest and Stomach or Back and Shoulders. . . . .	\$50.

**Aromatic Manicure**

1.5 hours including paraffin . . . . .	\$85.
1 hour . . . . .	\$69.
45 mins . . . . .	\$56.
30 mins Express . . . . .	\$41.

**Aromatic Pedicure**

1.5 hours including paraffin . . . . .	\$100.
1 hour . . . . .	\$80.
30 mins Express . . . . .	\$52.